

INDUSTRIAL UNIVERSITY OF HO CHI MINH CITY

EXCHANGE STUDENT

HANDBOOK



Office of Science Management and International Affairs

The “IUH Exchange Student Handbook” provides general information and guidance you may help to make the most of the opportunities on offer at the Industrial University of Ho Chi Minh City (IUH). It also gives you formal notification and explanation of the University’s codes, regulations, policies and procedures. Moreover, this handbook provides information, introduction and review about food and drink around IUH to help you get the most out of your University experiences

Published by

Office of Science Management and International Affairs
Industrial University of Ho Chi Minh City
3rd Floor, Block E
No. 12 Nguyen Van Bao, Ward 4, Go Vap District, Ho Chi Minh City, Vietnam

08.38940390 ext 278
08.39852369 ext 568
<http://khoahocquocte.iuh.edu.vn>

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Office of Science Management and International Affairs

The information in this handbook is reviewed and updated yearly.
We welcome your input and suggestions.

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Introduction

Industrial University of Ho Chi Minh City (IUH)

Industrial University of Ho Chi Minh City was formerly Go Vap Vocational School founded by Don Bosco priests on November 11, 1956 at Hanh Thong commune, Go Vap District, Gia Dinh Province. In 1968, the school was renamed as the Don Bosco Private Junior High School of Technology. Until January 31, 1970 the school was upgraded to be the Don Bosco Private Junior High School of Technology, shortly referred to as the Don Bosco High School of Engineering. After the day of peace and reunification, the Southern Liberation Army took over the school and on December 19, 1975 the School was handed over to the General Department of Metallurgy Engineering and Electronics. In 1978, the School was renamed as the School of Engineering IV belonging to The Ministry of Mechanical Engineering and Metallurgy. By 1994, the school was merged with the Chemical High School II in Bien Hoa City to become the Industrial Engineering School IV under the management of The Ministry of Industry. In March 1999, the school was upgraded to become Industrial College IV and in December 2004 the college was upgraded to become Industrial University of Ho Chi Minh City according to the Decision of 214/2004/QĐ - TTg by the Prime Minister. The university is currently one of the big educational and training institutions in Vietnam.

The campuses:

Main Campus (Ho Chi Minh City):

- Address: 12 Nguyen Van Bao Street, Ward 4, Go Vap District, HCMC
- Tel: (08) 38940390 Fax: (08) 38946268
- Website: <http://www.iuh.edu.vn>
- Email: dhcn@iuh.edu.vn

Quang Ngai Campus:

- Address: 938 Quang Trung Street, Quang Ngai City, Quang Ngai Province
- Tel: (055) 3250075 – Fax: (055) 3713858
- Website: <http://www.qn.iuh.edu.vn>

Thanh Hoa Campus:

- Address: Quang Tam Commune, Thanh Hoa City, Thanh Hoa Province
- Tel: (037) 3675092 – Fax: (037) 3675350
- Website: <http://www.iuh.edu.vn/thanhhoa/>

Besides enhancing professional quality of the administrative and teaching staff, investing the best facilities in teaching, learning and action research, the university also pays much attention to providing high quality training services for thousands of students from almost areas nationwide. Students at IUH are taught not only foreign languages and computer skills but also supporting knowledge such as communicative skills, behavioral skills, group work skills, teach oneself method and method of doing researches, etc. Being close to industry, students always have opportunities to practice at businesses and service companies, especially working at foreign invested companies where they can directly see new technologies applied in manufacture, develop practical skills and be familiar with modern working environment.

The IUH is a public higher education institution in Vietnam. IUH is approved for implying an autonomy mechanism in operation as a pilot innovation project by Vietnam government for the period of 2015 - 2017, started from the academic year of 2015 - 2016. Statement of philosophy of education of IUH: *"Quality, Sustainable Development, International Integration"*.

To meet the requirement of innovation, IUH's leaders have built the vision, mission, and objectives of the university from now to 2020, and up to 2025 with the slogan of "Innovating, attaining new height - Dynamizing, integrating into the globe".

VISION

To become the key university with the pilot role in the development of schools under the Vietnam Ministry of Industry and Trade; to rank in the top ten universities in Vietnam in terms of application-based education; to be ranked among advanced universities in regional areas in high quality human resource training.

MISSION

To provide high quality human resources with highly professional knowledge and skills and practice-based approaches in the fields of technology, engineering, scientific research and technical transfer for the purpose of achieving material and moral values which promotes the mission of the Ministry of Industry and Trade in developing society and the country's economy.

STRATEGIC OBJECTIVES

Building advanced management, basically meeting the conditions to provide high quality human resources for society, creating practical values and effectiveness from activities of technology transfers and international cooperation.





The Office of Science Management And International Affairs

The Office of Science Management and International Affairs is a functional unit, governed directly by the Board of Rector, mainly responsible for operating and managing the university's activities of scientific research and international cooperation. The office was formed right from the first days of the university's establishment, spending over many different development stages. The office's operation plays an important role to the university and is paid much care from the university's leaders. The office, also, functions as the university's port to deal with the university's activities of scientific research and international cooperation to the externals.

Function

1. Science Management

- Consulting the Board of Rector on managing and developing scientific and engineering research activities to create new knowledge, technical solutions, and products; contributing to performance and enhancement of scientific research.
- Making strategic plans for scientific research performance.
- Seeking new scientific research theme; organizing performance and execution of Intellectual Property rights.

2. International Cooperation

- Consulting and coordinating international affairs under direction of the Board of Rector
- Doing reception activities
- Organizing international seminars and conference under direction of the Board of Rector.
- Cooperating with other units in the university to develop international projects.

For detailed information visit us at <http://khoahocquoccte.iuh.edu.vn>

Office Hours

Monday-Friday

Morning: 7:00 – 11:30

Afternoon: 13:30 – 16:30

General Inquiries

Room E3.01, 12 Nguyen Van Bao Street, Go Vap District, Ho Chi Minh City, Vietnam

Tel: (+84) 2838 940 390 ext 278 or 568

Online Assistance is available at rd@iuh.edu.vn

The International Student Network keeps you informed about the IUH events and activities happening throughout the time you stay at IUH, through regular emails. New students are automatically subscribed. If you are not receiving these updates, please contact the office of Postgraduate Management.

Join us on Facebook and Zalo to receive event reminders, important updates and fun information about living in IUH.



Where to go for help

FACULTIES: (02 838 940 390)

FACULTY OF MECHANICAL TECHNOLOGY

Floor 2,3 - Block X Ext: 179
www.fme.iuh.edu.vn

FACULTY OF CHEMICAL ENGINEERING

Ground Floor - Block F Ext: 163, 545
www.fce.iuh.edu.vn

FACULTY OF INFORMATION TECHNOLOGY

Floor 1 - Block H Ext: 167
www.fit.iuh.edu.vn

FACULTY OF ELECTRICAL ENGINEERING TECHNOLOGY

Floor 2,3 - Block X Ext: 179
www.fme.iuh.edu.vn

FACULTY OF ELECTRONICS TECHNOLOGY

Floor 7 - Block X Ext: 172
www.fet.iuh.edu.vn

FACULTY OF AUTOMOTIVE ENGINEERING

Floor 4 - Block X Ext: 862, 241, 181
www.faet.iuh.edu.vn

FACULTY OF HEAT – REFRIGERATION ENGINEERING

Floor 6 - Block X Ext: 196
www.fhre.iuh.edu.vn

FACULTY OF GARMENT TECHNOLOGY – FASHION

Floor 5 - Block D Ext: 195
www.fgd.iuh.edu.vn

FACULTY OF ACCOUNTING - AUDITING

Floor 3 - Block D Ext: 851, 852, 234
www.faa.iuh.edu.vn

FACULTY OF FOREIGN LANGUAGES

Ground Floor - Block B Ext: 151
www.ffl.iuh.edu.vn

FACULTY OF BUSINESS ADMINISTRATION

Floor 3 - Block D Ext: 158
www.fba.iuh.edu.vn

FACULTY OF FINANCE AND BANKING

Ground Floor - Block V Ext: 277
www.ffb.iuh.edu.vn

FACULTY OF TRADE AND TOURISM

Ground Floor - Block V Ext: 219
www.fct.iuh.edu.vn

FACULTY OF CIVIL ENGINEERING

Ground Floor - Block A Ext: 207
www.ce.iuh.edu.vn

FACULTY OF LAW

Ground Floor - Block V Ext: 205
www.iel.iuh.edu.vn

INSTITUTES:

INSTITUTE OF BIOTECHNOLOGY AND FOOD TECHNOLOGY

Floor 4 - Block F Ext: 666, 891
www.ibf.iuh.edu.vn

INSTITUTE OF ENVIRONMENTAL SCIENCE, ENGINEERING AND MANAGEMENT

Floor 9 - Block X Ext: 561
www.iesem.iuh.edu.vn

OFFICES:

OFFICE OF POSTGRADUATE MANAGEMENT

Ground Floor - Block B Ext: 106
www.sdh.iuh.edu.vn

OFFICE OF SCIENCE MANAGEMENT AND INTERNATIONAL AFFAIRS

Floor 3 - Block E Ext: 278
www.khoahocquocte.iuh.edu.vn

OFFICE OF DORMITORY MANAGEMENT

Ground Floor - Block C
www.fme.iuh.edu.vn

CENTRES:

STUDENT COUNSELING AND SUPPORT CENTER

Ground Floor - Block A
www.htsv.iuh.edu.vn

LIBRARY AND INFORMATION CENTER

Ground Floor - Block A
www.lib.iuh.edu.vn

UNIONS:

COMMUNIST YOUTH UNION AND STUDENT ASSOCIATION

Basement - Block D
www.doantn.iuh.edu.vn

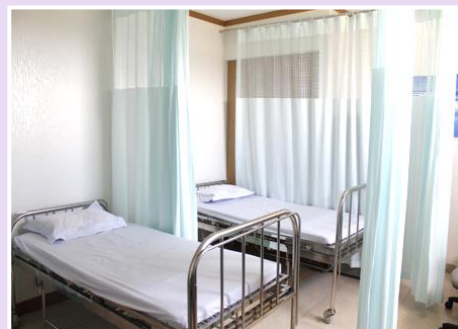


Health care

In Ho Chi Minh city, there are various hospitals, walk-in clinics, and family doctors. On-campus we have Student Health Services (medical and counselling)

Health insurance

We will help the international students to by Health insurance in Vietnam during the time they study at IUH



THE OFFICE OF HEALTH CARE

Basement floor, Block A

(behind the STUDENT COUNSELING AND SUPPORT CENTER)

Tell: 083 8940390 Ext **139**



Cultural Transitions

Transitioning to university, a new country, culture, social, linguistic and academic environment can be very demanding. Adjusting to many changes at the same time can cause stress.

Stage One:

“Honeymoon Phase”

When you first enter a new culture everything is new and exciting. You may feel happy and excited about your new surroundings.

Stage Two:

“Culture Shock”

Culture shock is the emotional and/ or physical discomfort experienced when settling into a new culture. While for some people the process may be brief and hardly noticeable, for others it may be associated with disorientation, stress, confusion, a desire to remain withdrawn, loneliness, anger, frustration, fear, homesickness or depression. Some may experience physical problems (fatigue, illness, upset stomach, insomnia, headaches, etc.).

Stage Three:

“Cultural Adaptation”

During this stage you begin to accept your new surroundings and start to feel more comfortable. You start participating in the local culture, learning the language, making friends and enjoying life. The following are a few strategies to help cope with cultural adjustment:

- Establish a routine and manage your time
- Keep some contact with home
- Evaluate your expectations and be flexible
- Pay attention to what your body is telling you
- Keep an open mind
- Find out what is available to you at Ho Chi Minh City
- Talk to people, join a club or an IUH program
- Keep your sense of humour and try to enjoy yourself

Food

Vietnamese food is known to be both healthy and robust in flavour, thanks its generous combination of fresh herbs and greens, paired with rice, noodles, seafood, pork and beef. Vietnamese delicacies are actually found at roadside eateries, vibrant street markets, and humble-looking restaurants. A typical meal includes rice or noodles, a meat or seafood dish, a vegetable dish, soup and nuoc cham (fermented fish sauce) for dipping, each of which can easily customised according to your preference. Here's a helpful guide on what to eat in Vietnam especially in Ho Chi Minh city and IUH, most of which can be enjoyed just about any time of the day. While most are familiar with pho or spring rolls, there's a wide range of Vietnamese dishes only available in certain regions so be sure to try them out during your time in IUH.

Food description

Pho

Pho is essentially Vietnam's signature dish, comprising rice noodles in a flavourful soup with meat and various greens, plus a side of nuoc cham (fermented fish) or chilli sauce. A basic bowl contains tai (beef slices), bo vien (beef meatballs) or nam (beef flank), topped with bean sprouts, lime wedges, and fresh herbs such as basil, mint, cilantro, and onions. Depending on the restaurant or roadside stall, you can also opt for more exotic ingredients such as gan (beef tendon), sach (thinly-sliced pig stomach), and ve don (flank with cartilage). Typically eaten for breakfast, pho is priced between VND 20,000 and VND 35,000 at some loacal restaurant around IUH .



Banh mi

Banh mi is a unique French-Vietnamese sandwich that is great for when you are in need of a quick meal.

Priced between VND 10,000 and VND 15,000, it consists of a toasted baguette sandwich, pickled vegetables, pate, butter, soy sauce, cilantro, chillies, and hot peppers. Most banh mi sellers also offer a wide range of meat fillings, including heo quay (roasted pork belly), trung op la (fried egg), thit nuong (grilled pork loin), cha ca (fried fish with turmeric and dill), cha lua (boiled sausages), xa xiu (Chinese barbecued pork), and thit ga (poached chicken).



Banh Xeo (Crispy Pancake)

Similar to a crepe or pancake, banh xeo is made of rice flour, coconut milk, and turmeric, which you can fill it with vermicelli noodles, chicken, pork or beef slices, shrimps, sliced onions, beansprouts, and mushrooms. Most roadside stalls, local markets, and restaurants sell a platter of banh xeo for about VND 15,000 to VND 25,000, which usually comes with a side of fresh lettuce or rice papers. Eat like a local by wrapping your banh xeo in



mustard leaf, lettuce leaves or rice papers together with nem lui (lemongrass pork skewers), mint leaves, basil, before dipping in fermented peanut

sauce.

Goi Cuon (Vietnamese Fresh Spring Rolls)

Goi cuon (Vietnamese fresh spring rolls) consist of thin vermicelli noodles, pork slices, shrimp, basil, and lettuce, all tightly wrapped in translucent *banh trang* (rice papers). Due to its subtle flavour, goi cuon is usually dipped into ground chillies and



a hoisin-based dipping sauce topped with crushed peanuts. This popular snack or appetiser is also a

healthier alternative to cha gio, which is a deep-fried egg roll made with a combination of mung bean noodles, minced pork, and various spices.

Mi Quang (Vietnamese Turmeric Noodles)

Mi quang may be available at most restaurants in Vietnam, but it actually originates from Da Nang. Easily distinguished by its yellow-coloured rice noodles, this dish is a hearty mix of bone broth seasoned with fish sauce, black pepper, shallot, and garlic, as well as meaty ingredients such as river shrimp, boiled quails eggs, and roast pork. As with most Vietnamese dishes, mi quang also comes with a variety of herbs, including basil, peanuts, coriander, lettuce, sliced banana flowers, and sesame rice crackers.



Bun Thit Nuong (Vermicelli Noodles with Grilled Pork)



Bun thit nuong comprises thin vermicelli rice noodles, chopped lettuce, sliced cucumber, bean sprouts, pickled daikon, basil, chopped peanuts, and mint, topped with grilled pork shoulder. Unlike most noodle dishes, it doesn't come in a soup or broth, but with a side of nuoc cham sauce for diners to mix into for a flavourful ensemble. While bun thit nuong is quite filling on its own, you can also try another variation called bun thit nuong cha gio, which is topped with sliced cha gio (deep-fried Vietnamese spring rolls).

Com Tam (Broken Rice)

Com tam literally translate to 'broken rice' in Vietnamese, and is traditionally served with fried egg, diced green onions, and a variety of meats. While it's a popular choice for breakfast or lunch, it can be enjoyed any time of the day as it is relatively inexpensive, with street markets and roadside food stalls selling for about VND 20,000 per bowl. Toppings options include suon nuong (barbecued pork chop), bi (shredded pork skin), and cha trung (steamed pork and egg patty). Com tam also comes with a side of pickled vegetables, cucumber slices, and nuoc cham Vietnamese dipping sauce.



Banh Cuon (Rolled Cake)

Also known as rolled cake, banh cuon is great for when you're feeling peckish whilst sightseeing in Vietnam. A combination of ground meat (chicken, shrimp, or pork), minced wood ear mushroom, onions, Vietnamese ham (cha lua), steamed beansprouts, and cucumbers that's wrapped in a



steamed rice flour sheet, its overall taste is surprisingly mild despite the savoury ingredients. For added flavour, you can dip the banh cuon into nuoc cham sauce. Due to its popularity amongst travellers, you can easily spot plenty of roadside vendors selling banh cuon close to tourist sights and nightlife districts.

Xoi (Sweet Sticky Rice)

Xoi is a sweet-savoury Vietnamese snack that's typically topped with green mung bean paste, soy sauce, and dried shallots. For a more substantial meal, many restaurants now offer a variety of ingredients such as pate, boiled chicken, cha lua (Vietnamese ham), marinated pork belly, or preserved eggs. A basic bowl typically costs VND 15,000, while add-ins range between VND 15,000 and VND 30,000. Xoi xeo can also be enjoyed for dessert, which consists of dried coconut shavings, roasted sesame seeds, and crystallised sugar.



Restaurants/Shops

Lotteria

ADD: No. 33 Nguyen Van Nghi, Ward 4, Go Vap District, HCMC

Food and drink

Circle K

ADD1: No. 45 Nguyen Van Bao Street, Ward 4, Go Vap District, HCMC

ADD2: No. 29 Le Loi Street, Ward 4, Go Vap District, HCMC

Convenience store

Family Mart

ADD: No. 14 Nguyen Van Bao Street, Ward 4, Go Vap District, HCMC

Convenience store

B's mart

ADD: No. 99A Huynh Khuong An, Ward 5, Go Vap District, HCMC

Convenience store

Ngoc Lan Milk tea shop

ADD: No. 54A Street 18, Ward 4, Go Vap District, HCMC

Milk tea, Coffee, Tea, etc.

Hiberry Tea & Coffee

ADD: No. 19 Nguyen Van Bao Street, Ward 4, Go Vap District, HCMC

Milk tea, Coffee, Tea, etc.

Pizza Hut

ADD: No. 286 Nguyen Thai Son Street, Ward 7, Go Vap District, HCMC

Pizza

Buddy Coffee

ADD: No. 66 Nguyen Van Nghi, Ward 4, Go Vap District, HCMC

Milk tea, Coffee, Tea, etc.

Thuc coffee (24/7)

ADD: No. 320 Nguyen Thai Son Street, Ward 4, Go Vap District, HCMC

Milk tea, Coffee, Tea, etc.

Sasin

ADD: No. 257 Nguyen Thai Son Street, Ward 7, Go Vap District, HCMC

Korean food

Xoay Crispy Pancake

ADD: No. 98 Nguyen Van Nghi, Ward 5, Go Vap District, HCMC

Food

Broken Rice

ADD: No. 62/4 Huynh Khuong An, Ward 5, Go Vap District, HCMC

Food

Trong Tin Chicken Sticky Rice

ADD: No. 110 Nguyen Van Nghi, Ward 5, Go Vap District, HCMC

Food

Hue Chicken Rice

ADD: No. 18 Huynh Khuong An, Ward 5, Go Vap District, HCMC

Food

Dua Xanh Rice

ADD: No. 53 Nguyen Van Bao Street, Ward 4, Go Vap District, HCMC

Food

Noodle Shop

ADD: No. 65 Nguyen Van Bao Street, Ward 4, Go Vap District, HCMC

Food

Grilled Rice Papers

ADD: No. 6 Le Loi Street, Ward 4, Go Vap District, HCMC

Food

Ly Quoc Su Pho

ADD: No. 125 Nguyen Thai Son Street, Ward 4, Go Vap District, HCMC

Food

Lo Dien Banh Mi 109

ADD: No. 185 Nguyen Thai Son Street, Ward 4, Go Vap District, HCMC

Fast food

Thuy Linh hot Rolled Cake

ADD: No. 150 Trung Nu Vuong Street, Ward 4, Go Vap District, HCMC

Food

Tan Phat Chicken Rice

ADD: No. 21 Nguyen Van Nghi, Ward 4, Go Vap District, HCMC

Food

Susi Banh Mi

ADD: No. 51 Nguyen Van Bao Street, Ward 4, Go Vap District, HCMC

Fast food

Tai Broken Rice (COM TAM TAI)

ADD: No. 100 Nguyen Van Nghi, Ward 5, Go Vap District, HCMC

Food

DID YOU KNOW?

On campus we provide facilities such as and canteen for our students and visitors
Ground Floor, Block I (behind Block C)

Food support

Grabfood

Satisfy your cravings by getting the food you love from your favourite restaurants delivered to you fast. GrabFood is now available in selected areas of Ho Chi Minh City – District 1, District 3, District 4, District 5, District 7, District 10, Phu Nhuan, Go Vap, Binh Thanh, and Tan Binh.



Just a tap away



Feed your cravings with your favourite foods

delivered to you, wherever you are.

No minimum order



From small bites to big meals, we

won't limit your cravings. Go ahead and order what you want.

Foods for all cravings



From local fare to restaurant favorites, our wide

selection of food will definitely satisfy all your cravings.

Make an order

1. Launch the Grab app and select 'Food' from the accordion menu.

Order now

2. Fill your delivery address.

3. Select your favorite restaurant.

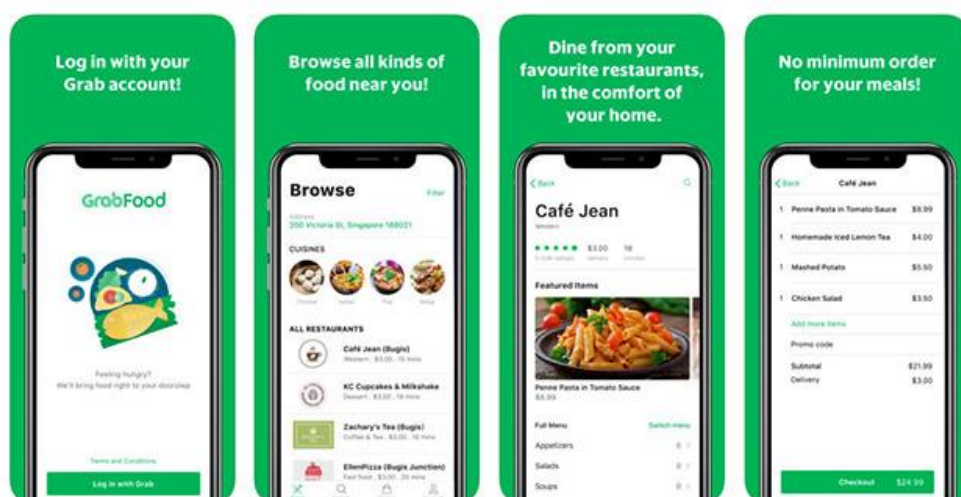
<https://www.grab.com/vn/en/food/>

4. Select meal from restaurant.

5. Enter Notes to drivers if needed, or key in promo code if any.

6. Complete your order.

7. Sit back and get ready to enjoy your meal.



DID YOU KNOW?

- ✓ apples are more effective at waking you up in the morning than coffee
- ✓ apples are more effective at waking you up in the morning than coffee
- ✓ chicken drumsticks contain the least amount of meat on a chicken

Go-food

Go-food is now available in selected areas of Ho Chi Minh City – District 1, District 3, District 4, District 5, District 7, District 10, Phu Nhuan, Go Vap, Binh Thanh, and Tan Binh.



<https://www.go-viet.vn/>



Make an order

1. Receive purchase order
2. Contact to confirm order information with customers
3. Move to the restaurant
4. Give the order code on the app to the restaurant receptionist
5. Order food according to customer's requirements and pay money
6. Enter the purchase price in the "purchase confirmation"
7. Take a photo of food into the application
8. Delivery to the customer
9. Collect money and end the trip.

DID YOU KNOW?

Upset stomach: new foods can cause problems, especially those high in fat or dairy (cow's milk). Many Vietnamese "fast foods" are high in fat and can produce digestive upset. Consult the Vietnamese Food at www.soulbenthanh.com to help balance your diet.

Transportation

Bus Services

In Vietnam, bus is the cheapest and most convenient means of transportation for foreign travellers, since the bus system has been well-developed and covered almost every part of the country. If you are stuck on the very first steps such as how to find a bus or which route to go, stay calm and read the following guide.

Bus stops

When waiting at the bus stop, you have to watch for your incoming bus number and wave to signal the bus driver that you would like to get on it. As the streets in Ho Chi Minh City are quite narrow with many vehicles, the bus may pass any bus stop if you don't give a signal wave from afar. You should get on the bus from the front door.

Paying for the bus fare

Buy the ticket from the bus assistant or the driver if there is no assistant on board. You can give the money directly to them or put in a box next to the driver, and receive a ticket from them or the machine. The bus fare usually varies from VND 6,000 to VND 40,000 depending on the types of bus and distance needed to travel.

Note that they only accept Vietnamese Dong.

How to recognize a bus stop

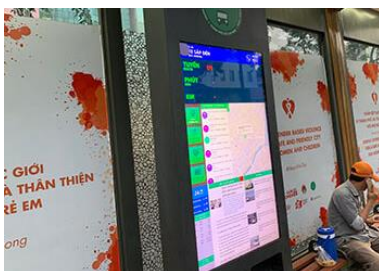
You can recognize the bus stop in Ho Chi Minh city when you see a painted zigzag yellow line on the road next to the pavement. There are some bus stops with steel benches and cover overhangs, but there are also some without them with steel posts with information of the bus routes, similar to a street sign.



the yellow line



A bus stop with signpost



Some bus stops have electronic bus information board which you can use to look for detail like routes and map

Get off the bus

When the bus is closing to the next arrival station, the bus assistant may or may not announce what the next stop is. If you are not sure, you can tell the bus assistant or driver in advance where you want to be dropped off. When the bus is about 20 meters from your stop, press the red button on top of the door or at a seat near you, or tell directly to the driver and assistant because they may drive on without stopping

Different types of buses in HCMC

You should notice that **yellow**, **green**, and **blue** are three coded colours for the public bus transportation in HCMC

The **yellow** is for buses transport back and forth from the Tan Son Nhat international Airport (SGN)

Airport bus 109 fare: VND 20,000

Airport bus 119 fare: VND 12,000 Shuttle bus 49 fare: VND 40,000



There is not much different in the price between the **green** and **blue** bus

From VND 6,000 to VND 12,000

And VND **3,000** If you use the Student card (show it to the bus assistant before you pay money)



BUSMAP

Help people commute by bus easily, supported Ho Chi Minh City, Hanoi City and Da Nang City

Available on Android, iOS, Windows Phone and Web



Scan me

Some tips for the passengers

- Catch the right bus (check the bus number and the direction the bus is heading-towards the last stop or back to the first stop, as each bus can go two ways and the stops for the two directions are located on the opposite of another)
- You should get on and get off quickly as some of the bus drivers will not wait for you
- Watch for motorbikes driving near the bus door when stepping on and off of the bus.
- Beware of pickpockets and scams lurking around at bus stops, stations, and on the bus
- Pay for the bus fare in the exact amount with small changes (VND 1,000, VND 2,000, and VND 5,000) to save time
- Take notes of the location the windows, and priority seats for children, pregnant women, and the elderly in case of emergencies
- Available from 6:00 am to 8:00 pm

Taxi Companies

Mai Linh taxi..... 1900 6582
VinaSun taxi.....028 38 27 27 27
Grab.....install the Grab app for details
Goviet.....install the Goviet app for details
Be.....install the Be app for details
Fastgo ... install the Fastgo app for details

Electricity in Vietnam

In **IUH** the power plugs and sockets are of this type



We do not sell power plug adapters. We refer you to Amazon, where you will find a great selection of travel adapters.

Telephone & Internet

Wi-Fi in IUH

Highly available free wifi in all the building in IUH's Campus. In fact, IUH is a paradise for students who want to sit with a laptop for research, there are always sockets and the Wifi is working and it is strong.



Cellular Internet in IUH

Easily available for the students. You can buy a local SIM and fill a pre-paid program.

A local SIM will almost always be cheaper than using your SIM of your country abroad.

Who are the Cellular operators in Vietnam?

The biggest operator is **Viettel**. It is state owned and has about 40% market share. The two other big ones are: **Vinaphone** and **Mobifone**. There is also smaller one: **Vietnamobile**



Where to Buy a local Vietnamese SIM?

At the airport, you will see many booths offering a local SIM and pre-paid programs. It is very cheap compared to Europe or even compared to Thailand but if you want to make it even cheaper, buy your SIM outside the airport.

You can buy a local SIM and pre-paid programs in a grocery store like FamilyMart, which are on every street.

Tip 1 : It is better to buy a SIM card which has also a telephone number associated with it because you may need a telephone number to use Taxi services

**There are SIM cards without a telephone number, in case you need only internet access, these SIMs are cheaper.*

Tip 2: You should ask your support staff about the SIM card. They may help you by buying for you the SIM card from the grocery store (or go with you) and set for you the pre-paid program. The advantage of the support staff over you is that they can speak Vietnamese and you not. At least like this, you will have a good reason for leaving the staff a tip, when you leave.

Tip 3: It is usually better (cheaper) to buy the SIM card and the Internet plan in a big telecom shop, (like the photo you see in appendix). These shops mainly sell mobile phones but they also have a corner in the shop for cellular plans.



For more detail: <http://www.vietvisit.com/vietnaminternet1en/>

Money & Taxes

Money in Vietnam

The official currency in Vietnam is the Vietnamese Dong (VND). It is available in the following denominations:

Notes: VND 10,000, VND 20,000, VND 50,000, VND 100,000, VND 200,000 and VND 500,000

US Dollars (USD) are accepted throughout Vietnam and many prices are quoted in dollars rather than in dong.

Banking in Vietnam

The banking system in Vietnam is modern and efficient. Most banks in Vietnam have at least one English-speaking service representative.

A number of international banks have a presence in Vietnamese cities, including HSBC and ANZ. For this reason, many expats opt for these banks if they already have an account with them back in their home country. Expats looking to open an account with a Vietnamese bank will find that Vietcombank is a popular choice.



All banks in Vietnam offer a range of banking packages, so it is worth researching which packages best suit an individual's needs. Most banks have English brochures outlining the services they offer their customers.

Credit cards and ATMs

ATMs are widely available in Ho Chi Minh City. In IUH's Campus ATMs are located at **Ground Floor, Block H**

Vietnam is still very much a cash-based economy. Credit cards are only accepted at large hotels and retail outlets, so it is best to carry cash in the majority of situations.



Taxes

The general rate of VAT in Vietnam which applies to goods and services is 10%. A reduced rate of 5% also applies to certain goods and services.

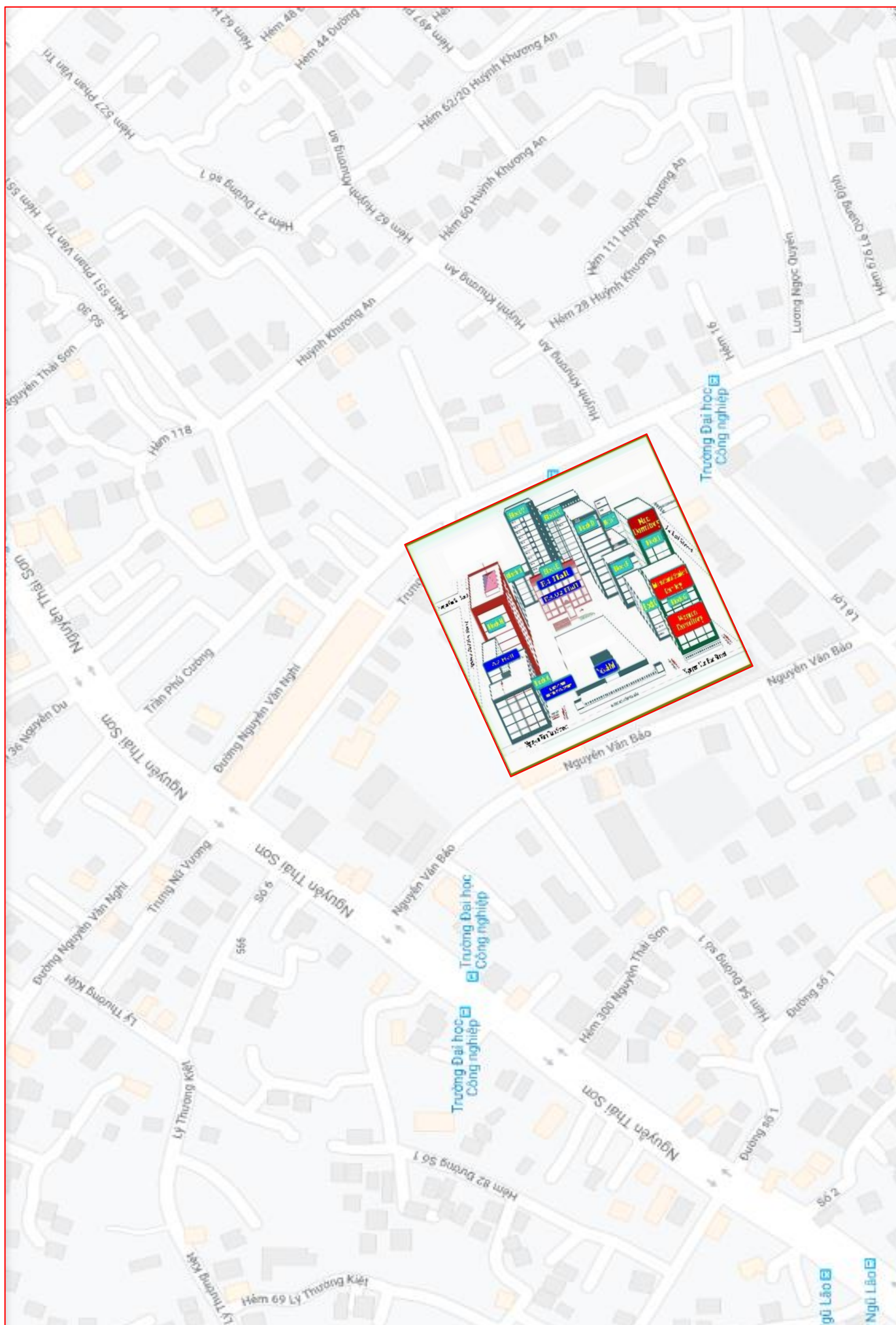
Other than Value Added Tax, Vietnam also levies a Special Sales Tax (SCT) which is applicable to goods and services classified as luxury. The rates are from 10% to 70% for SCT

The VAT rate is calculated based on the selling price (exclusive of tax).

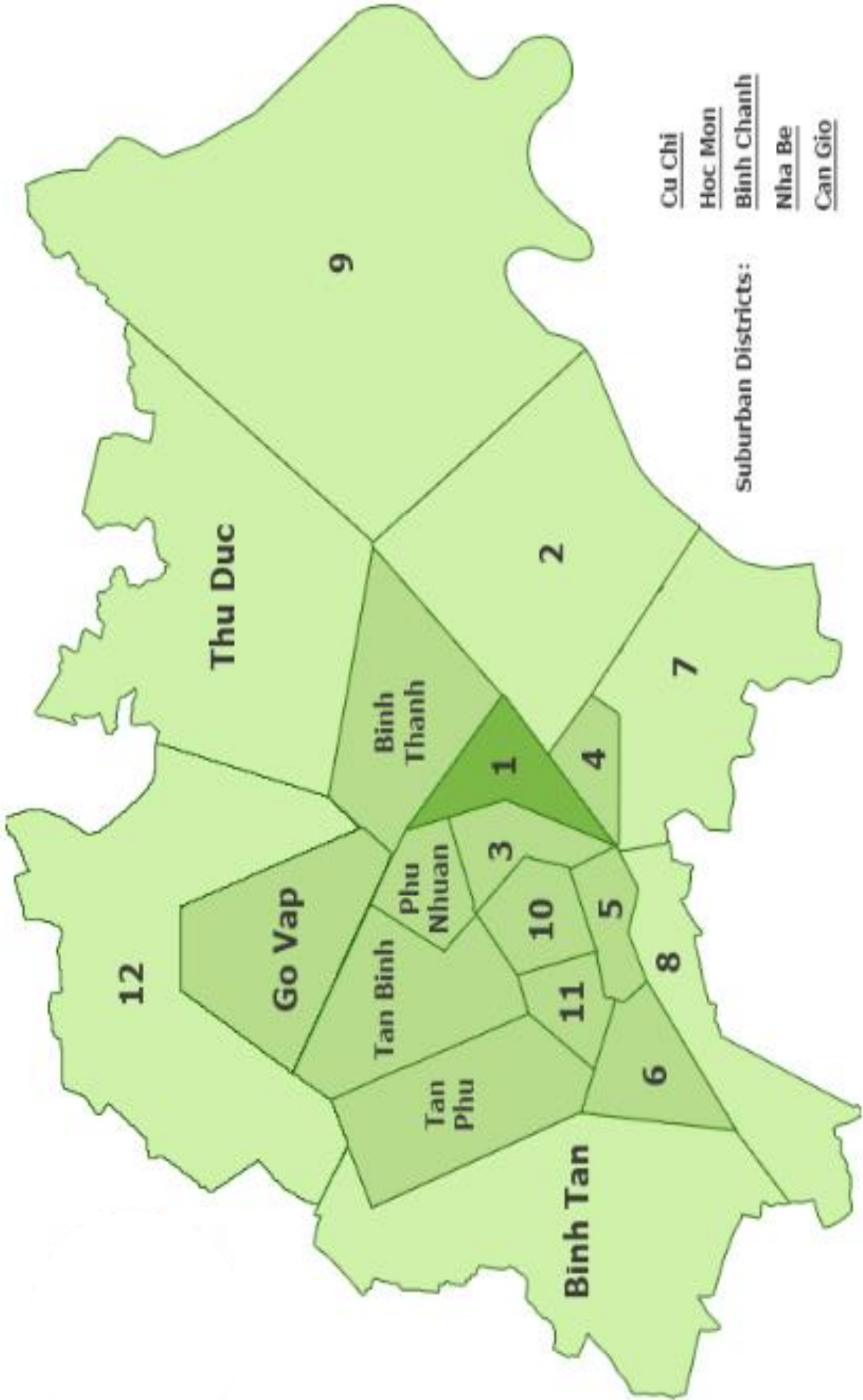
Taxable transactions – VAT and Special Consumption Tax (SCT) are levied on the sale of goods and the provision of services.

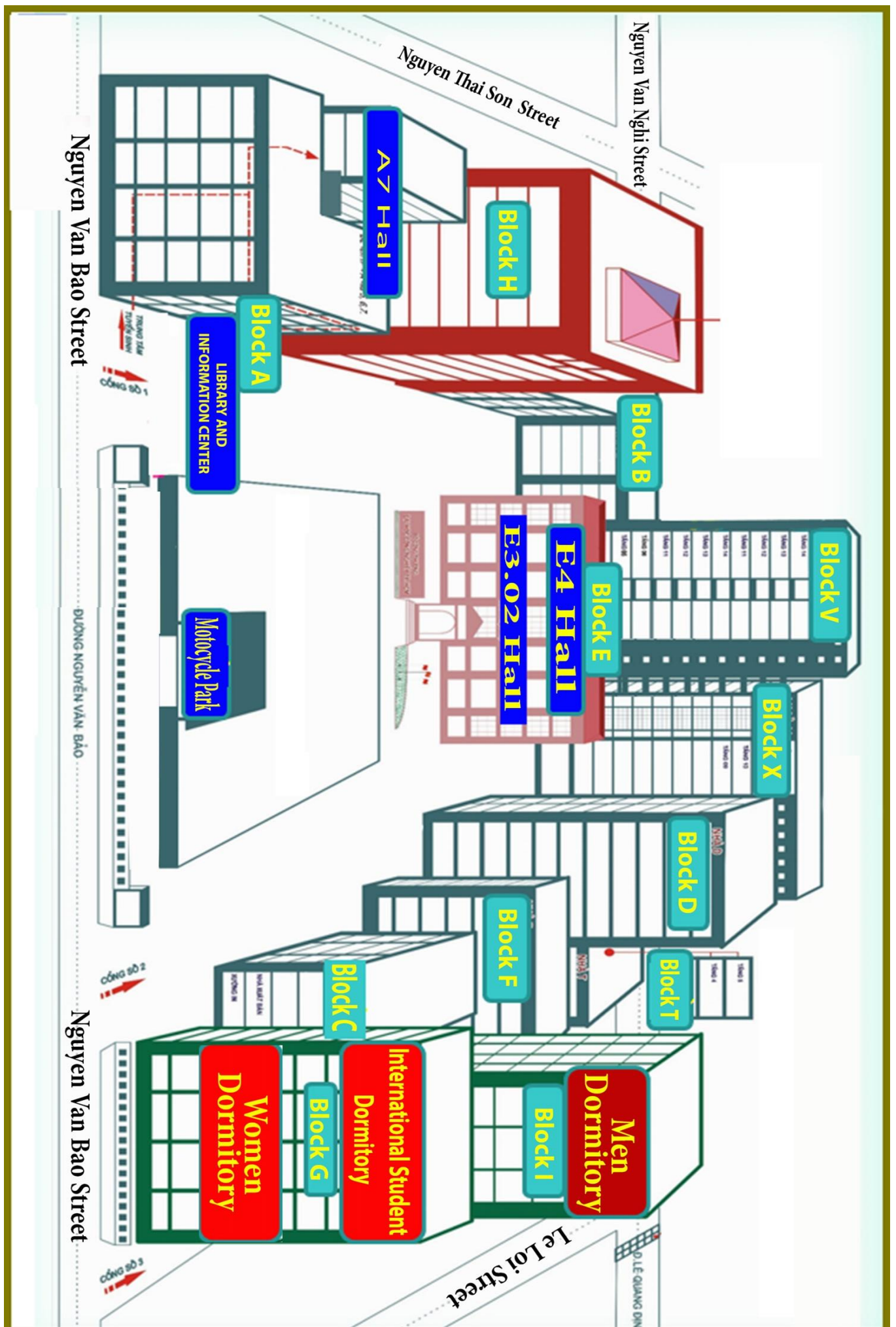
*Tax is added to the total price of your purchase at the checkout





Ho Chi Minh City District Map





EXCHANGE STUDENT **HANDBOOK**

